

REPORT

Event: International yoga day

Date:- 21/06/2022

Time:- 05:00pm to 06:00 pm

Department:- All Department of P.E.S. College of Engineering, Aurangabad

Name of Coordinator:- Prof. S. M. Kulkarni

Topic/Subject of Activity: - Awareness program on Yoga.

Recourse Person

Name : Prof. V. G. Jadhav,

Designation: Retd. Professor

Organization Name: Devgiri College Aurangabad

Mobile number: 9405468846

Participants:- Faculty and Students of all departments

Venue:- In front of Seminar hall, PESCOE, Aurangabad

Objectives:

To Create awareness for the importance of yoga.

Abstract:

- This program was conducted for creating awareness about the importance of yoga during the busy and hectic life of human being.

On 21st June 2022 International Yoga Day celebrated at our institute on this occasion Dr. V. G. Jadhav Ex Professor Devgiri Science College Guided the student and staff of the institute.

Dr. V. G Jadhav had practically shown the Simple and easy physical activities which helps to every human being to become happy and energetic. Dr. Jadhav also elaborated technically perfect “pranayam” and “Asanas”. All the students participated and performed the yoga activities.

- **Snaps of the Program:**





OUTCOMES:

All the students come to know the importance of Yoga and Pranayam.

Signatures:

Bro/col:
Dean
student welfare

Program Co ordinator

HEAD/DEAN

